

BLESSINGS FROM ANIMALS & NATURE



ADVENT CALENDAR

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1 December

Blessing from the Lion

I am here to give you courage,
The strength of a Lion
And the power to do
what you have chosen.

There is nobody as powerful as I am,
I am the King of the Animals,
And you can be a King or a Queen,
When you can stand up to your Fear
And take up your sword of light
And say:

I am here and I will do
What I have chosen to do.
This is my life.







2 December

Blessing from the Cats

It is our pleasure
to give you our blessing,
Sure-footed and gracious,
We dance through our lives.

We bless you with grace
and with beauty around you,
We bless you that you
see the blessings of life.



3





3 December

Blessing from the Daisy.

I am a happy soul.
I meet you in the meadows
And try to make you smile.
You make garlands and put them
On each other's hair -
Or wear them like necklaces.
I like to be so close to you
And wish to bless you
With happiness and joy.

Look for me whenever you feel sad,
And feel my joy lift your spirits at once.
You are like me, a beautiful flower,
A lovely being on this Earth.
Thank you for being here -
Thank you for being you.







4 December

Blessing from the Dolphins

Play with us !

We bring you the joy to play.

Play with your friends

And play with your thoughts,

And loosen up and relax.

We bring the blessing

Of taking things lightly,

Of playing with sounds,

colours and ideas.

Let go of your image of reality

Trust that other versions are possible

And trust that you will find them,

When you let yourself be creative.

No pressure, just taking a moment,

Breathe, Smile

And let yourself create your life again.

We will be happy to see what it looks like,

And we will join you

In your new world.

5







5 December

Blessing from the Oak Tree

May you be blessed
with the wind in your leaves,

May you be blessed
with the quiet of the Earth

May you be blessed
with a fountain of youth,
May you be blessed with the truth.

May you be blessed
with receiving and giving,

May you be blessed
with the sun and the moon,

May you be blessed
with time for love

And may you be blessed
with life –
sacred life.



6





6 December

Blessing from the Sparrows

We are always here with you –
we love to see you feed us seeds,
Give what you can, for we are small
And need your help and all your love.

But others need your help as well,
The hungry ones of your own kind,
Feed them too and give them love
For you are brothers, sisters too.

We bless you with the stars above
That's where we come from, every one,
We bless you with the hearing of
The ones who need you, all around.



6 December

We bless your home,
your house, your hearth
And all you need to live your life
As well and healthy as you can,
For we are helpers from above.

Thank you for your kindness, Dear,
Thank you for your deeds of Love
We are near and fly with you
Through life, your sacred living life.







7 December

Blessing from the Elephants

We bring special magic -
Being gentle giants,
we have intelligence and wisdom.
We all need to live in tune with nature,
give each other respect
and the dignity we deserve,
protecting our wildlife
and loving each other
as brothers and sisters.

You are a part of nature, we are family.
We care for you and love you.
Please take care of the world -
for the sake of your children
and of your children's children.

We are all one.
Our blessing for you is our strength,
our gentleness, our wisdom
and our joy !



8





8 December

Blessing from the Giraffe

We bless you with irreverence.

It is essential

When you do what you think is right,

To listen to your heart and soul

And follow your own path.

You do not need a leader, or a guide,

You can shine your own light

and lead yourself

Down dark alleys

and into the light filled places.

We are your friends,

all animals are your friends,

But we would not tell you what to do.

We can give ideas, nudge your hearts,

But you have to make up your own minds.



8 December

Will you take care of us and the world ?
Will you do what your heart tells you ?

Only you know the answer,
You are the one
you should be listening to.
Are you ready to listen
to the whisperings of your heart ?
I send you blessings and love –
and a cheerful attitude,
That will carry you
through many ups and downs,

May my heart join your heart
and give you what you need.







9 December

Blessing from the Squirrel

With me around,
you will always have enough,
you will always have
plenty of what you need,
abundance even -
All will be there for you.

My surprise for you
Is receiving something you wished for.
Call in the spirit of the squirrel,
and see it happen.

Just give it a try !

We would love to give you a surprise,
We would like to share our abundance
with you.

Are you ready to receive ?

We love and care for you.



10





10 December

Blessing from the Deer

Mysterious -

That's what we are for you.

A pointer to another world

Where life is lighter and more colourful.

We are your guides to the otherworld

A world of light and freedom.

We get in touch with you

And you can feel our power and our

mystery.

Do you know that you can talk with us ?

That we can guide you through this life ?

We know what you need at any time,

We are ready to help you to the other side

To meet friends and loved ones,

Or to travel onwards, ever onwards.



10 December

Do you know that this is
not the only life you live ?
That there are doors to other lives,
to other worlds ?
We are the keepers of these worlds,
And we would like to share them with you
When you are ready.

Mysterious ? yes, but so are you,
You know all these truths within you.
You know about the sacredness of life,
About your true soul within you.
How can you not ?

Look into my eyes and understand
All the mysteries of the world.
Understand the glory and the joy
And the truth.
Blessings from your companions on
This life's journey.



11





11 December

Blessing from the Water Spirits

I bless you with the sound of the stars,
I bless you with a wishing well,
I bless you with a quiet heart,
I bless you from above, below,
I bless you with the ebb and flow.
I bless you that you may live,
I bless you that you may forgive.
I bless the grass you walk upon,
I bless your feet, your arms, your hands.
I bless you now, I bless you ever,
I bless your lips, your gentle touch –
But most of all I bless your presence,
Your being here, your shining self,
For you are home, and safe and sound,
And you are blessed all around.
By being here, you bless this place,
You bless it with your smiling face.
Breathe and Love will breathe in you,
Breathe and God will breathe in you.



12





12 December

Blessing from Cuba

I wish you happiness, luck and love
I wish you glad days, fanciful and fun !
I wish you great relief when things are done,
Time to relax and play in the sun.
I wish you good times with me and you
With friends around and loved ones too.
But most I wish to say to you
Make this life special, take your time
For the things you love,
And for the things that make you smile.
To thine own self be true, be who you are -
That's how I love you, truly, always -
I deeply love and cherish you.
Being but small, my heart is grand,
Around, around, around us all
My heart holds you and all in Love.
This life is special, make it count
And make your dreams come true,
Yes, make your dreams come true.

A tall, decorated Christmas tree stands in a living room. The tree is adorned with red and white ornaments, gold lights, and red and white ribbons. A large red heart is superimposed over the middle of the tree, containing the white number '13'. The tree is surrounded by wrapped gifts, including a large one in the foreground with gold polka-dot paper. The room features large windows with stone walls visible outside and a light-colored tufted chair on the right.

13





13 December

Blessing from the Sweet Pea

I bless you with light
With a jump in your step
I bless you with friends
A smile on each face
I bless you with flowers
All along on your path
And I bless you with beauty,
Good health and good will.

I bless your light hands
To help those in need
I bless your soft heart
To reach out to give
I bless you with enchanting
Adventures in life
I bless you all day
And I bless you all night.



14





14 December

Blessing from the Bears

We bless you with
the strength of bears,
With focus and the ease of tracking,
Resilience and perseverance,
And standing up for you and yours.

But mostly we bless you
With the joy of playing,
Of tumbling and rumbling
Like little bears do –
May your life be playful too !



15





15 December

Blessing from the River

I bring you the water of life,
I bring you your destiny,
take you along,
Let me show you
the way to your goals.

I bless you with knowing
your path and with finding
A way through the darkest of times.
There's always a stream
that can take you along,
Never mind where you are
and where you have been,
My flow will find you a home.



15 December

I bless you with trusting
your path and your wisdom,
I bless you with knowing
which way to choose,
And leaving the past,
yet finding the future,
We leave and we find
every moment together,

Moving and trusting
and moving along,
Moving and trusting
the flow in your heart.
Flowing and finding
the way of your soul.



16





16 December

Blessing from the Butterflies

This is what we give to you:

A basket full of life,

We help you choose the best for you,

And sometimes too, we say to you

It's time to wander on,

It's time to wander on.

This is what we wish for you :

That you see what is best –

Choose your life, and choose again,

Your life will change and so will you,

And you keep making choices, then,

You make them once again.



16 December

Trust that you are given what
You can take on, this life is yours.

Make the best of what you have
And if you can't, then look at us –
And take a leap of faith and fly
To better shores, to better times –
And start your life anew -

Make something of this life of yours,
Make something of this life,
And -
Soar !



17





17 December

Blessing from the Swans

We bless you now
with grace and beauty,
Swim with us for a while -

Sail upon the seven seas,
And see the beauty all around,
And feel that you are free.



18





18 December

Blessing from the Mountains

May the stability of Earth be thine,
May the strength
of the mountain face be thine,
May the warmth
of the mountain belly be thine,
May the elevation
of the mountain peak be thine,
May the clarity
of the rocks and crystals be thine
And may the power
of the whole mountain range
be thine.

A photograph of a green Christmas tree decorated with various ornaments including red, gold, and silver spheres. A red heart is superimposed on the tree, containing the white number 19. The tree is set against a plain, light-colored wall.

19





19 December

Blessing from the Pine Tree

My blessing for you
is a place from which
you can see for yourself
What needs to be done,
What needs to be changed,
And what is perfect as it is,
Just perfect as it is.



20





20 December

Blessing from the Eagle

I bless you with freedom,
to take things lightly,
To see as far as I see.

I bless you with sight,
To see to the future
To know what is coming your way

I bless you with ease
to open your wings
And soar to the height
of your dreams.

And I bless you with friends,
To make life worthwhile,
And a place where your soul can rest,
A place where your heart can rest.

A living room decorated for Christmas. A large, dark green Christmas tree stands in the center, illuminated with warm white lights and decorated with gold and red ornaments, including a large gold star on top. To the right, a wooden cabinet holds several wrapped gifts, some in orange and black patterned paper. The floor is dark and highly reflective, mirroring the lights from the tree. A red heart with the number 21 is overlaid on the tree.

21





21 December

Blessing from the Bees

Dancing, dancing,
We are ever dancing,
Finding the honey for you.

Twirling, twirling,
We are ever swirling,
We fly and have much to do.

We love the sun, we love the hive,
We love each other too.
We wish you joy,
the gold of the sun,



21 December

We wish you friendships
And joyful surroundings,
We wish happy times for you !

We bless you with light,
With a heart of gold,
For you make the world go around.
Yes, we and you, you and we,
we make the world go round.







22 December

Blessing from the Volcano

I bless you with fire,
with truth in your eyes,
Clarity to see your path.

I bless you with ideas,
Inspiration and thoughts
To create from the depths of your soul.

I bless you with the power
To fulfill your dreams,
With excitement
And a spring in your step,
To skip to your goals, or to run.

It is imperative that you find your truth,
Listen to the voice of your heart,
Feel the excitement, the inner delight,
And feed the fire of your soul.



23





23 December

Blessing from the Amethyst

I bless you with structure,
With a sense of knowing
How things are
And why you are here.

I bless you with clarity,
An inner light seeing,
Your purpose
And where you belong.

I bless you with surprises,
With light and laughter,
With fun and with friendships too.

I bless you with true love
And the place you call home,
In the hearts of the people you love,
In the hearts of the loves that you find.



24





24 December

Blessing from the Sun

The light of the sun
May shine on your path,
May soften the darkness
And help you find
Your truth,
Your life
And your self.



25





25 December

A Christmas Blessing
from the Animals & Nature

We wish you joy and peace on Earth,
We wish you happiness and love.

We wish you friendship in your heart
With you and yours and everyone.

We hope that you will find the time
To listen to your deepest wishes,
Hold your friends and family tight
And give them love with all your might.

We send you healing, hope and love
And blessings for this special time –
May you feel light from God above,
And peace inside and love for all.

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